**Badminton Study Guide**

Basic Rules of the Game:

\*21 points constitutes a game. The game must be won by 2 points.

\*A birdie that lands on the line is considered good or playable.

\*The server must serve underhand in badminton.

\*You must serve diagonal. You start the game by serving from your right side service court. Next serve is from the left side. If your score is even, you serve from the right side, if your score is odd, you serve from the left side.

It is a Fault if:

\*the serve is illegal.

\*the serve lands out of bounds or does not go diagonal

\*a person reaches over the net to play a shot.

\*a player touches the net with the racquet or any part of the body.

\*a player hits the birdie twice

\*a player fails to return the birdie to the opponent.

Badminton Terminology:

**Drive**: A fast and low shot that makes a horizontal flight over the net.

**Backhand**: Any shot made on the side of the body opposite the racquet side. **Clear Shot**: A high, arching shot that is hit deep in the opponents court. **Double Hit**: An illegal hit. Hitting the birdie twice to get it over the net. **Drop Shot**: A shot that barely clears the net and falls to the opponent's front court. **Forehand**: Any shot made on the racquet side of the body. **Game Point**: The point that causes the server to win the game. **Rally**: Hitting the birdie back and forth over the net. **Server**: The player who puts the birdie into play. **Smash**: An overhead stroke hit downward with force. **Underhand**: A shot that is hit upward when the birdie is below shoulder height.

: A fast and low shot that makes a horizontal flight over the net